

How can I find out more?

Try Theta healing session.

Visit www.thetahealing.com. (Vianna's website)
Read Vianna's book "Go Up and Seek God"
available from Tanya Avard. Phone: 9764 1467
or email: tanyak2@iprimus.com.au

Learn to do it yourself.

Can I learn to do it myself?

Yes definitely you can. Theta healing is easy to learn and any one can learn it. It can be used to heal others and also to work on yourself to create self-healing. We are all connected to God and the underlying energy of Source, even though a lot of the time we are unaware of this. Theta Healing teaches us how to actively promote and work with this connection to create healing and changes in our lives and the lives of those around us. In fact the regular use of theta healing is taught throughout Australia. The Basic course consists of a three-day workshop. The only pre-requisite is to read Vianna's first book "Go Up and Seek God". In the basic workshop you learn the tools that enable you to go into Theta state and change and heal many aspects of your life.

Many thanks to Mary Choo for the information provided in this leaflet.

About Tanya Avard

Over the past twenty years, Tanya has facilitated many groups in a variety of meditation practices over this period. This connection is most beautifully expressed in the Theta/Orian Healing Technique. To her, this work is both sacred and profoundly simple. She has a genuine passion for this work, by teaching others to empower themselves facilitating the change in another and seeing that transformation and is passionate about sharing this modality.

Her qualifications include training in Quantum Touch, Kinergetics, Reset, Counselling, Theta Intuitive Anatomy and Teaching certificates in Theta Healing, DNA 1&2 and Theta 2 Advanced.

She says of Theta Healing "For me Theta Healing embraces the whole person. The depth of healing and awareness gained with this modality is unlike any other in my experience. Beliefs held at these levels would have taken me lifetimes to clear otherwise. This modality has changed my life and enabled me to live from a place of self-empowerment instead of being a victim."

To book a session call: (08) 9764 1467
or email: tanyak2@iprimus.com.au
Appointments can be made at Balingup
and Bunbury or by telephone
anywhere in the world.

www.balingupbliss.com.au



Theta/DNA Healing

What is it?

Why does it involve the DNA?

Where does it come from?

What can it do for me?

How can I find out more?

Can I learn to do it myself?

*Learn more about this
Exciting new healing modality
And discover how it can
Transform your life*

What is it?

Theta Healing is a method of natural healing that utilises the theta brain wave frequency. This is a very slow frequency of 4-7 cycles per second that is usually experienced in deep meditative states and during dream states. It is a frequency that is slow enough to connect with the creative force of the Universe. This is the creative field of energy that underlies and gives rise to the matter and form of our physical world. When healing is done from this state it becomes a co-creative process in which the healer goes into a theta state, holds an energy focus and witnesses with their inner eyes as the energy of creation changes and heals the clients energy field.

Why does it involve the DNA

Our DNA is a software programme or blueprint that directs and structures all aspects of our physical body in this dimension. However much of it at the present time is not activated. It can only become activated as our frequency rises. Theta by its processes of DNA activation, youth and vitality chromosome healing can help this happen. Recent research by Russian scientists indicates that its function and action reach far beyond our traditional understanding of it as a blueprint for the physical body. They found that the DNA interacts with light. It stores light and also emits light as biophotons. It is also influenced by conscious intent and emotion (the tools we use in Theta Healing). These energies can alter the properties and functions of the DNA. This characteristic of the DNA explains how sounds, light, thought forms and focused loving intent of a theta healer can alter and change the DNA.

Where does it come from?

Theta Healing or the Orion Healing Technique as it was originally called was developed by Vianna Stibal after she experienced a spontaneous healing of her own cancer in 1995. Vianna is an American healer and medical intuitive who has learned how to connect with the Creator to co-create and facilitate the healing processes. She has developed the ability to see clearly into the human body and effect change in the FDNA at the core belief, genetic, history and soul levels. She now teaches this to others in seminars all over the United States, Australia South America and Europe.

What can it do for me?

Theta Healing can be used to support the healing of physical health problems including conditions such as cancer and DNA related diseases, emotional distress, relationship patterns that keep repeating themselves, low self esteem and patterns of sabotage that we create out of fear of truly being ourselves. It can be used to change the negative Core Beliefs that limit out life experiences.

Doing this facilitates a healing and detoxification of the physical body as well a shift and expansion of consciousness at an emotional and spiritual level as we let go of negative self-sabotaging beliefs and behaviours.

It can be used to clear negative attached energies and entities from people the land and houses and living spaces. Plants and animals also respond well to theta healing and in fact it can be used to heal all forms of life that are part of God's creation.

What happens in a Theta Healing Session?

Theta healing is done by working co-creatively with the energy of Source or God's energy depending how you personally understand it. The healer goes in a theta brain wave state and connects with this energy to co-create a healing.

Initially the theta healer works with the client to identify what needs to be healed. A process of verbal communication, muscle testing and energetically by going into theta and doing a reading to look at an inner level at the person's energy field, does this.

After doing the reading and muscle testing the practitioner tells the client what they have seen and what needs healing (this could be a physical area of the body that needs healing or a negative core belief that is sabotaging and limiting their life) and gets their permission to do the healing. They then go back up into theta, commanding the healing be done and then hold a focus and witness as the healing happens.

The person receiving the healing may have a sense of energy moving in their body, or a physical symptom such as a pain may clear. There may just be a feeling of being a bit lighter after the healing and a sense that something has changed. Your practitioner will check with muscle testing that the energy has changed and that your body has accepted it. If it has not been accepted and there is some self-sabotage present they can then do a further healing to clear this sabotage.

Theta Orion Healing Technique